

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please list all medications and supplements you are currently taking.

	<i>Medications/Supplements</i>	<i>Dosage and Frequency</i>

Continue with the supplements which are checked.

✓	<i>Check List</i>	<i>Notes</i>
	Borrelia/ Babesia Kit x1	Starting with vial #1, take one vial every 3 days ending with #10. Empty contents into your mouth, hold under your tongue for 30 seconds, then swallow. (For Lyme and co-infection Babesia)
	Borrelia/ Babesia Kit x2	Starting with vial #10, take one vial every 3 days ending with #11. Empty contents into your mouth, hold under your tongue for 30 seconds, then swallow. (For Lyme and co-infection Babesia)
	Bartonella Kit x 1	Starting with vial #1, take one vial every 3 days ending with #10. Empty contents into your mouth, hold under your tongue for 30 seconds, then swallow. (For co-infection)
	Bartonella Kit x 2	Starting with vial #10, take one vial every 3 days ending with #1. Empty contents into your mouth, hold under your tongue for 30 seconds, then swallow. (For co-infection)
	Borrelia-Babesia 1 oz liquid	Place 10 drops under your tongue, hold 30 seconds, then swallow. Do this ___ times per day/week. Take this remedy on the two days between the vial days, see calendar provided. (Lyme and co-infection)
	Systemic Detox	Place ___ drops under your tongue, hold 30 seconds, then swallow. Do this ___ times a day (moderates effects of bacterial toxicity)
	Systemic Drainage	Place ___ drops under your tongue, hold for 30 seconds, then swallow. Do this ___ times a day (moderates effects of bacterial toxicity)
	ABD5+	Take ___ tablet(s) with breakfast, ___ tablet(s) with lunch. DO NOT TAKE AT NIGHT. (Adrenal rebuilder - if you feel jittery on this supplement, cut back to one tablet with breakfast and one with lunch.)
	Candida Albicans Series #1	Starting with vial #1, take one vial every 3 days ending with #10. Empty contents into your mouth, hold under your tongue for 30 seconds, then swallow. (For yeast)
	Candida Albicans Series #2	Starting with vial #10, take one vial every 3 days ending with #1. Empty contents into your mouth, hold under your tongue for 30 seconds, then swallow. (For yeast)
	Astragalus Formula (GF) 60 tabs	Take ___ tablet(s), ___ times a day (Immune booster Chinese herbal formula)
	Curcuma Longa (GF) 60 tabs	Take ___ tablet(s), ___ times a day (Anti-inflammatory Chinese herbal formula)
	Smart Silver 32 oz	1 tsp morning and night
	Equilib (360 tablets)	4 capsules, three times a day
	Andrographis	Take ___ tablet(s), ___ times a day (Anti-bacterial Chinese herbal formula)
	Drenatrophin PMG	Take ___ tablet(s), ___ times a day
	EBV Series #1	Starting with vial #1, take one vial every 3 days ending with #10. Empty contents into your mouth, hold under your tongue for 30 seconds, then swallow. (For Epstein-Barr

