

<i>Please note any symptoms you are currently experiencing</i>	Current Severity			Current Frequency		
	Mild	Moderate	Severe	Occasional	Often	Constant
Persistent swollen glands						
Sore throat						
Fevers						
Sore soles, esp. in the AM						
Joint pain						
Fingers, toes						
Ankles, wrists						
Knees, elbows						
Hips, shoulders						
Joint swelling						
Fingers, toes						
Ankles, wrists						
Knees, elbows						
Hips, shoulders						
Unexplained back pain						
Stiffness of the joints or back						
Muscle pain or cramps						
Obvious muscle weakness						
Twitching of the face or other muscles						
Confusion, difficulty thinking						
Difficulty with concentration, reading, problem absorbing new information						
Word search, name block						
Forgetfulness, poor short term memory, poor attention						
Disorientation: getting lost, going to wrong places						
Speech errors- wrong word, misspeaking						
Mood swings, irritability, depression						
Anxiety, panic attacks						
Psychosis (hallucinations, delusions, paranoia, bipolar)						
Tremor						
Seizures						
Headache						
Light sensitivity						
Sound sensitivity						
Vision: double, blurry, floaters						
Ear pain						
Hearing: buzzing, ringing, decreased hearing						

	Current Severity			Current Frequency		
	Mild	Moderate	Severe	Occasional	Often	Constant
Increased motion sickness, vertigo, spinning						
Off balance, "tippy" feeling						
Lightheadedness, wooziness, unavoidable need to sit or lie						
Tingling, numbness, burning or stabbing sensations, shooting pains, skin hypersensitivity						
Facial paralysis-Bell's Palsy						
Dental pain						
Neck creaks and cracks, stiffness, neck pain						
Fatigue, tired, poor stamina						
Insomnia, fractionated sleep, early awakening						
Excessive night time sleep						
Napping during the day						
Unexplained weight gain						
Unexplained weight loss						
Unexplained hair loss						
Pain in genital area						
Unexplained menstrual irregularity						
Unexplained milk production; breast pain						
Irritable bladder or bladder dysfunction						
Erectile dysfunction						
Loss of libido						
Queasy stomach or nausea						
Heartburn, stomach pain						
Constipation						
Diarrhea						
Low abdominal pain, cramps						
Heart murmur or valve prolapse						
Heart palpitations or skip beats						
"Heart block" on EKG						
Chest wall pain or ribs sore						
Head congestion						
Breathlessness, "air hunger", unexplained chronic cough						
Night Sweats						
Exaggerated symptoms or worse hangover from alcohol						
Symptom flares every 4 weeks						
Degree of disability						
Other						